

# Used Products

TOOTH - Veneer - Glass-ceramics - Variolink Esthetic - ExciTE F

- Variolink Esthetic**  
The esthetic, light- and dual-curing adhesive luting system



- Proxyt fluoride-free**  
Prophy paste without fluoride



- OptraStick**  
Application instrument that features a flexible adhesive tip



- Monobond Etch&Prime**  
Monobond Etch & Prime is the first single-component ceramic primer in the world, which allows you to etch and silanate glass-ceramic surfaces in one easy step



- OptraDam**  
Anatomically shaped rubber dam for the absolute isolation of the working field



- Total Etch**  
Total Etch is an etching gel containing 37% phosphoric acid



- ExciTE F**  
ExciTE F is a light-curing, fluoride releasing, single-component total-etch adhesive



- Liquid Strip**  
Glycerine gel to prevent the oxygen-inhibited layer of composites with composite or ceramic restorations



- OptraPol**  
OptraPol is excellently suitable for finishing and polishing all popular composite materials in a single step



**Fluor Protector**

Fluor Protector is a protective fluoride varnish for desensitization and caries prophylaxis



# Flowchart Variolink Esthetic

TOOTH - Veneer - Glass-ceramics - Variolink Esthetic - Excite F

## 1 The temporary is removed



The temporary is removed. If necessary, any leftover temporary cement is removed from the preparation with a polishing brush and cleaning paste free of oil and fluoride (e.g. **Proxyl fluoride-free**). Subsequently, the preparation is dried with moisture-free and oil-free air.

## 2 The restoration is tried in

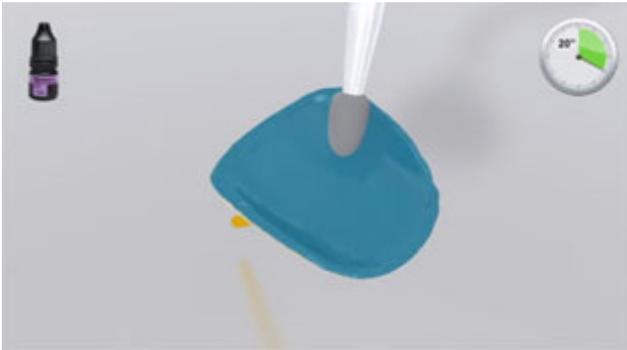


The permanent restoration is tried in. At this stage, the shade, accuracy of fit and occlusion of the restoration are checked.

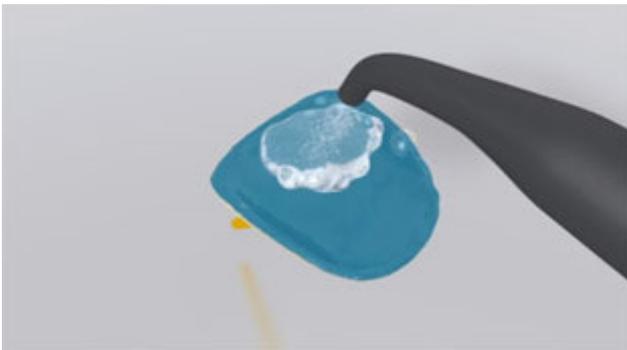


In order to evaluate the overall effect of the restoration **Variolink Esthetic Try-In** pastes can be used. Following try-in, thoroughly rinse the restoration with water spray and dry with oil- and waterfree air.

**3** The restoration is pretreated



Apply **Monobond Etch & Prime** on the adhesive surface using a microbrush and agitate it into the surface for 20 seconds. Allow to react for another 40 seconds.



Then thoroughly rinse off **Monobond Etch & Prime** with water and dry the restoration with a strong jet of water- and oil-free air for approximately 10 seconds.

**4** The preparation is isolated and cleaned



Relative isolation of the treatment field - preferably with **OptraDam** or alternatively with absorbent pads and a saliva ejector - is indispensable.



The preparation is cleaned with a polishing brush and moisture-free and fluoride-free cleaning paste (e.g. **Proxyl fluoride-free**). Then it is rinsed with water spray. Subsequently, it is dried with air free of oil and moisture. Overdrying must be avoided.

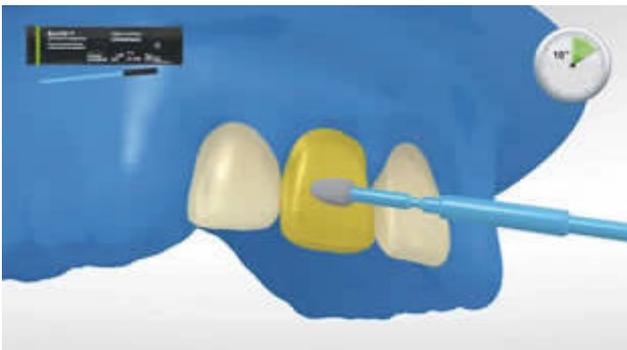
5 The preparation is pretreated and the adhesive is applied



First **Total Etch** (37% phosphoric acid gel) is applied to the prepared enamel and then to the dentin (if available). The phosphoric acid is left to react for 15–30 seconds on enamel and for 10–15 seconds on dentin.



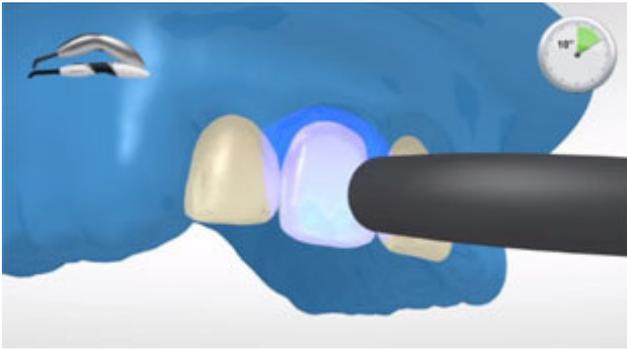
Then rinse thoroughly with a vigorous stream of water for at least 5 seconds and dry with compressed air until the etched enamel surfaces appear chalky white.



Next, a thick layer of **Excite F** is applied to enamel and dentin and gently scrubbed in for at least 10 seconds.

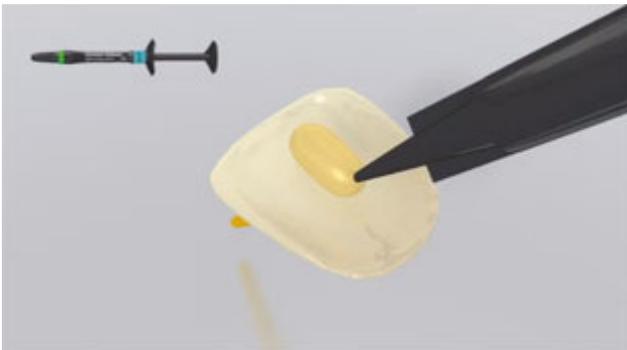


Excess **Excite F** is blown to a thin film with a weak stream of air. Pooling must be avoided. A glossy appearance indicates that the surface has been completely sealed.



Light-cure **Excite F** for 10 seconds at a light intensity of more than 500 mW/cm<sup>2</sup> (e.g. **Bluephase Style**).

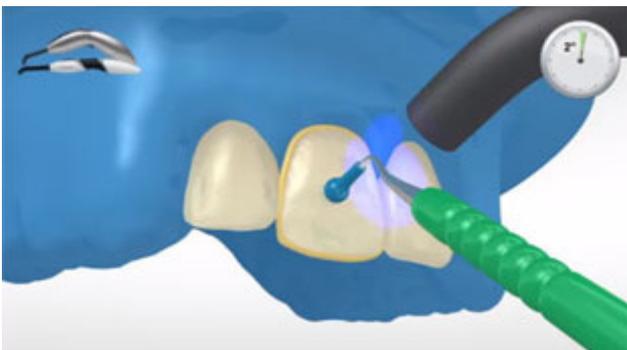
**6** Seating of the restoration using Variolink Esthetic



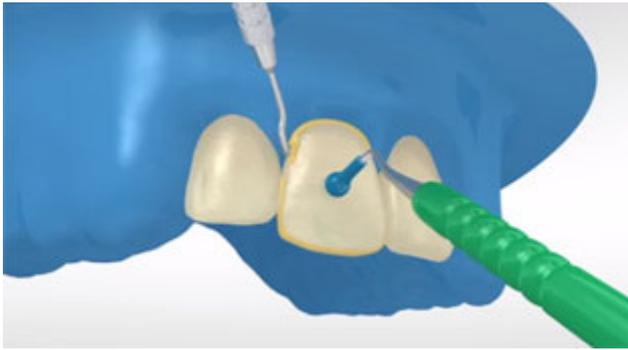
Apply **Variolink Esthetic LC** with the application tip or brush/spatula directly to the internal surface of the restoration.



The restoration is seated and held in place using light constant pressure.



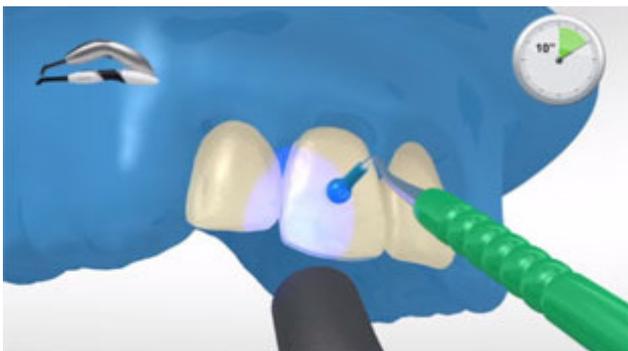
Light-cure excess material with a polymerization light (light intensity  $\geq 500\text{mW/cm}^2$ ; e.g. **Bluephase Style**) for **2 seconds** at a distance of 10 – 15 mm by running the light probe along the entire cement line.



The gel-like excess material can be easily removed with a scaler.



As with all composite systems, **Variolink Esthetic** is subject to oxygen inhibition. To prevent this, cover the restoration margins with glycerine gel/air block (e.g. **Liquid Strip**) immediately after excess removal.



When a polymerization unit with a light intensity of at least  $1000 \text{ mW/cm}^2$  is used, the ceramic must be cured for 10 seconds per mm thickness and segment (e.g. **Bluephase Style**).



**Liquid Strip** is rinsed off and the rubber dam is removed.

7 The completed restoration is finished



Proximal areas are adjusted with finishing and polishing strips. The occlusion and functional movements are checked and adjusted if necessary. The restoration margins are polished with polishers (e.g. **OptraPol**) or discs.

8 The teeth are fluoridated



A thin film of **Fluor Protector** is applied with a Vivabrush or brush and distributed evenly. The varnish is dried with an air syringe.